



You are eligible for a cost-savings pharmacy benefit as a Blue Care<sup>®</sup> or Duke Options plan member. Duke will provide an HRA Rx incentive card from HealthEquity<sup>®</sup> if you are up-to-date on your diabetes-related care and tests.

To receive these benefits, please complete the form below. After completing this form, please email it to [Diabetes@bcbsnc.com](mailto:Diabetes@bcbsnc.com).

|                          |                         |                |
|--------------------------|-------------------------|----------------|
| Your Name (first, last): | Subscriber ID#:         | Date of Birth: |
| Physician Name:          | Physician phone number: |                |

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| <p>I have had an appointment with my doctor in the past year to talk about my diabetes treatment plan, medications and additional tests/screenings.</p> <p>YES      NO</p> <p><input type="radio"/>      <input type="radio"/></p>                | <p>Insert the date of visit: (month/year)</p> <p>-- / ----</p> <p>My doctor visit included discussing the following tests:</p> <p><input type="checkbox"/> Blood Pressure Check</p> <p><input type="checkbox"/> Cholesterol (Lipid) Test</p> <p><input type="checkbox"/> Diabetic Eye exam</p> <p><input type="checkbox"/> Diabetic Foot exam</p> |
| <p>I have had my A1C level checked within the past year. The A1C test shows you and your doctor what your average blood sugar has been over the past three months.</p> <p>YES      NO</p> <p><input type="radio"/>      <input type="radio"/></p> | <p>A1C:</p> <p>Insert the date of visit: (month/year)</p> <p>-- / ----</p>                                                                                                                                                                                                                                                                        |
| <p>Have you participated in this program previously? If not, please tell us why.</p> <p>YES      NO</p> <p><input type="radio"/>      <input type="radio"/></p>                                                                                   | <p>Comments:</p>                                                                                                                                                                                                                                                                                                                                  |

Blue Cross and Blue Shield of North Carolina (Blue Cross NC) provides free aids to service people with disabilities as well as free language services for people whose primary language is not English. Please contact the Customer Service number on the back of your ID card for assistance.

*Blue Cross and Blue Shield of North Carolina (Blue Cross NC) proporciona asistencia gratuita a las personas con discapacidades, así como servicios lingüísticos gratuitos para las personas cuyo idioma principal no es el inglés. Comuníquese con el número para servicio al cliente que aparece en el reverso de su tarjeta del seguro para obtener ayuda.*

The Duke Diabetes program is administered by Duke, an independent entity. Terms and conditions apply. Duke reserves the right to change or discontinue the program at any time, including changing the dollar amounts and available rewards, without prior notification. The goal of this program is to help members make better decisions about their health and to help them follow their provider's plan of care. Decisions about care should be made with the advice of the member's provider.

HealthEquity is an independent company that is solely responsible for the administrative claims services and HRA incentive cards it is providing. HealthEquity does not offer Blue Cross or Blue Shield products or services.

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